

## What are the issues?

An 'ecological footprint' is an illustration of how much of the earth's resources are used by a given individual, organisation, corporation, or country.

One aspect of this is the 'carbon footprint', which measures greenhouse emissions released.

Its purpose is to demonstrate how certain lifestyles, policies, or business practices are unsustainable, as they consume more than a fair share of the planet's natural resources.

By one estimate, humanity's total ecological footprint is equal to 1.75 earths, meaning that we would need 1.75 planets to make current rates of consumption sustainable.

If we continue to use resources faster than the earth can renew them, we will eventually run out.







# What can I do?

The greatest potential for reducing humanity's footprint is from changes in policies of governments and corporations.

Lobby your representatives and prayerfully use your vote to push for ambitious and achievable sustainability targets at the local and national levels of government.

Encourage your place of work or other organisations you join to consider their own ecological footprints and explore ways of operating more sustainably.

Reflect on your own lifestyle and ways you could consume less, such as cutting down food waste, saving energy and water, or buying more items second-hand.



















